IAAFA “A conference with no wrinkles”

Author_ Dr Nilesh R Parmar

_This year, I was lucky enough to be invited to the annual International Academy of Advanced Facial Aesthetics' yearly conference. This consisted of a two-day conference and parallel sessions for those involved with facial rejuvenation and dentistry. The brainchild of the charismatic Professor Bob Khanna, the conference started in 2007 and aims to bring together all the clinicians from dental, medical and nursing backgrounds, to learn the latest concepts and techniques from world leading specialists.

IAAFA is a non-profit organisation, which has gone from strength-to-strength each year, and the culmination of the event is a glamorous IAAFA charity ball at the Radisson Blu hotel. All proceeds from this go to charity, which this year included NSPCC, CLIC Sargent and the 'Make-A-Wish Foundation'. This year, approximately £15,700 was raised for the charities. The IAAFA ball is a fantastic event, and, each year, it is marked on every dental party animal’s calendar (this party animal included!) The organising and planning which goes into creating such a fantastic event is a testament to the hard work of Prof Khanna and the other members of the IAAFA council.

What I noticed this year is that there were parallel sessions; and a welcome increase in the number of dental lectures. I enjoyed a fantastic talk on the six-month smile system by Dr Anoop Maini and experienced a masterclass in cosmetic den-
tistry by Dr James Russell and Ron Lynock. I also gained an insight into the world of facial aesthetics. Moving away from our usual area of the head and neck, I learnt a bit about lasers and liposuction by Dr Ravi Jain. Paul Tipton was on-hand to discuss occlusal vertical dimension and its role in facial aesthetics; whilst some insight into the business side of things was given by Chris Barrow in his own unique way.

As busy dentists, we are bombarded by courses and conferences, which are "must-see" and "revolutionary". With time being ever precious and the fees for these courses increasing (and usually quoted without VAT added – my personal bugbear!), dentists need to be a bit more selective. I can safely say that I actually LEARNT a lot from attending the two-day IAAFA conference, and made many new friends and contacts in the industry.

The Charity Ball was the icing on the cake, and all those involved had a fantastic time, whilst raising money for a worthy cause. I will definitely be back next year!

For more information, please visit www.iaafa.net or call 01344 891 235._

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BDS (Lond) MSc (Prosth Dent) MSc (Imp Dent) Cert. Ortho was voted Best Young Dentist in the East of England in 2009 and runner up in 2010. He was short-listed at the Private Dentistry Awards in the category of Outstanding Individual 2011. Nilesh has a master's degrees in Prosthetic Dentistry from the Eastman Dental Institute and a master's degree in Clinical Implantology from King's College London. He is one of the few dentists in the UK to have a degree from all three London Dental Schools and has recently obtained his Certificate in Orthodontics from Warwick University. His main area of interest is in dental implants and CEREC CAD/CAM technology. Nilesh runs a successful five-surgery practice close to London and is a visiting implant dentist to two central London practices. Nilesh has a never-ending passion for his work and is famed for his attention to detail and his belief that every patient he sees should become a patient for life. He offers training and mentoring to dentists starting out in implant dentistry, more information can be found on his website www.drnileshparmar.com. Twitter: @NileshRParmar